

## EASY CREME BRÛLEE

## **INGREDIENTS**

5 LARGE EGG YOLKS
3/4 CUP (150G) GRANULATED SUGAR, DIVIDED
3 CUPS (720ML) HEAVY CREAM OR HEAVY WHIPPING CREAM
1/2 TEASPOON ESPRESSO POWDER (OPTIONAL BUT RECOMMENDED)
1/4 TEASPOON SALT
1 AND 1/2 TEASPOONS PURE VANILLA EXTRACT

## **DIRECTIONS**

- 1. PPREHEAT OVEN TO 325°F (163°C).
- 2. WHISK THE EGG YOLKS AND 1/2 CUP (100G) OF GRANULATED SUGAR TOGETHER.

  SET ASIDE. (AT THIS POINT OR BEFORE YOU TEMPER THE EGG YOLKS IN THE NEXT STEP, BRING A SMALL KETTLE OR POT OF WATER TO A BOIL. YOU'LL NEED HOT WATER TO POUR INTO THE BAKING SHEET FOR THE WATER BATH.)
- 3. HEAT THE HEAVY CREAM, ESPRESSO POWDER, AND SALT TOGETHER IN A MEDIUM SAUCEPAN OVER MEDIUM HEAT. AS SOON AS IT BEGINS TO SIMMER, REMOVE FROM HEAT. STIR IN THE VANILLA EXTRACT. REMOVE ABOUT 1/2 CUP OF WARM HEAVY CREAM AND, IN A SLOW AND STEADY STREAM, WHISK INTO THE EGG YOLKS. KEEP THOSE EGG YOLKS MOVING SO THEY DON'T SCRAMBLE. IN A SLOW AND STEADY STREAM, POUR AND WHISK THE EGG YOLK MIXTURE INTO THE WARM HEAVY CREAM.
- 4.PLACE RAMEKINS IN A LARGE BAKING PAN. IF YOU DON'T HAVE 1 PAN LARGE ENOUGH, BAKE THEM IN A COUPLE PANS. DIVIDE CUSTARD BETWEEN EACH RAMEKIN, FILLING TO THE TOP. CAREFULLY FILL THE PAN WITH ABOUT A 1/2 INCH OF THE HOT WATER. THE BAKING PAN WILL BE HOT SO USE AN OVEN MITT TO CAREFULLY TRANSFER THE PAN TO THE OVEN.
- 5.BAKE UNTIL THE EDGES ARE SET AND CENTERS ARE A LITTLE JIGGLY. THE TIME DEPENDS ON THE DEPTH OF YOUR RAMEKINS. MY RAMEKINS ARE 1-INCH AND THE CUSTARD TAKES 35 MINUTES. BEGIN CHECKING THEM AT 30 MINUTES. FOR A MORE ACCURATE SIGN, THEY'RE DONE WHEN AN INSTANT READ THERMOMETERREGISTERS 170°F (77°C).
- 6. REMOVE PAN FROM THE OVEN AND, USING AN OVEN MITT, REMOVE THE RAMEKINS FROM THE PAN. PLACE ON A WIRE RACK TO COOL FOR AT LEAST 1 HOUR. PLACE IN THE REFRIGERATOR, LOOSELY COVERED, AND CHILL FOR AT LEAST 4 HOURS AND UP TO 2 DAYS BEFORE TOPPING.
- 7. USING THE REMAINING GRANULATED SUGAR, SPRINKLE A THIN LAYER ALL OVER THE SURFACE OF THE CHILLED CUSTARDS. CARAMELIZE THE SUGAR WITH A KITCHEN TORCHAND SERVE IMMEDIATELY OR STORE IN THE REFRIGERATOR FOR UP TO 1 HOUR BEFORE SERVING. (CARAMELIZED TOPPING IS BEST ENJOYED RIGHT AWAY.)

