



APPLE CRISP

INGREDIENTS

6 cups peeled, diced apples (Honey Crisp, Fuji or Granny Smith apples, or a combination of those)

1 cup brown sugar

3/4 cup flour (can use gluten-free flour if needed)

3/4 cup rolled oats (can use gluten-free oats if needed)

1 1/2 teaspoons cinnamon

1 teaspoon nutmeg

2/3 cup salted butter, melted

INSTRUCTIONS

Preheat oven to 375 degrees F. Grease an 8x8 glass dish with butter or coconut oil. Peel, core and dice apples. Pour apples into glass dish. Stir together all dry ingredients and pour melted butter over dry ingredients. Spoon mixture over the top of the apples. Bake for 30-35 minutes until slightly bubbling and apples are soft.

 **Counterpart**

ELIZABETH HEIL
CHIEF OPERATING OFFICER

